

GRADUATION DAY

After today's appointment we are NOT officially scheduling you back. You have been coming to our practice for a while and you have officially graduated!

Continue to wear your retainers during bedtime only (8-12hours) to make sure that none of your teeth shift. There will never be a time that we instruct you to stop wearing the retainers.

If you are interested in back-up retainers or would like a new one in the future, please see the attached pages discussing our Smile 4 Life Program. This is a special program that allows you to order new retainers directly from Invisalign.

Please keep in mind that as you age, the teeth naturally shift slightly throughout your adult life. Usually, this minor shifting is first noticed in the lower front teeth area. Please make sure you check your teeth regularly and compare what you see in the mirror to the final pictures that we have emailed you. Also, pay attention to how tight your contacts feel when you floss your teeth.

If you have any concerns in the future please feel free to contact our office to schedule an appointment. Examples of concerns would be:

- *Shifting of the upper or lower teeth*
- *A feeling like your bite is not quite right*
- *Excessive contact of the upper and lower front teeth*
- *Unusual bone or gum recession*
- *Jaw joint popping, sounds, stiffness or facial muscle soreness*
- *Your dentist feels that you need to see us again*

There are many benefits from orthodontic treatment that you will enjoy in the future aside from an enhanced appearance and a pleasing smile. A positive self-esteem, reduced need for future and occasionally costly dental care, and improved oral health, function and comfort are a few of these advantages. Please continue to visit your family dentist every 6 months. Now is the time to ask your dentist about bleaching, veneers, or any other cosmetic or dental treatment that you might need or want.

We can only hope that you have enjoyed coming to our practice as much as we have appreciated having you as a patient. It was our privilege to be of service to you. You are welcome in our practice at any time if you have any questions, concerns or just want to say "Hi".

Congratulations on your beautiful smile!

We are extremely appreciative that you have chosen our orthodontic practice for care. Our practice continues to grow through referrals from patients, friends and family.

We would appreciate a Google review or Post/Tag on Facebook if you are interested. Anyone completing a Google review or Facebook post will receive \$20 through Venmo or PayPal! Simply screenshot the post and text it along with your Venmo or PayPal information to Dr. Spokane's cell phone (724-601-3549).

On the next page, you can find QR codes to leave a review if interested.

QR Code for each office location for Google Reviews:

Chippewa: <https://search.google.com/local/writereview?placeid=ChIJE7VFDsBzNIgROIi06odO-Wo>



Ellwood City: <https://search.google.com/local/writereview?placeid=ChIJ1b3HOjF4NIgR6YMFH93pb48>



New Castle: <https://search.google.com/local/writereview?placeid=ChIJZdmzvhyOM4gRSiOzo57o6Vg>



Center: <https://search.google.com/local/writereview?placeid=ChIJz5wUXCtvNIgRdsCUILpAbGo>



Ambridge: <https://search.google.com/local/writereview?placeid=ChIJe471OoRnNIgROJ-r9n1gGKQ>



Seven Fields: https://search.google.com/local/writereview?placeid=ChIJ8-BbBXGINIgRBOBkW_9gnkg





Chippewa • Center Twp • Ambridge • Ellwood City • New Castle • Cranberry Twp

www.spokaneortho.com

Congratulations on your beautiful, healthy smile!!

After today's appointment, we are not officially scheduling you back. You have been coming to our practice for a while and you have graduated!

Continue wearing your retainers at night or as instructed to make sure that none of your teeth shift.

Smile 4 Life Program

Many patients have inquired about "spare" or "backup" retainers. If you are concerned about losing your retainers or if you would like to have one fresh set of sparkling clean replacement retainers sent yearly directly to your house, we offer Vivera® retainers through Invisalign.

This program will immediately send you back-up retainers and then automatically send you brand new Vivera® retainers once per year.

Program Details:

- High quality Vivera® clear retainers at a discounted price over the normal Vivera fees. This is a big savings over the in-office retainer replacement cost.
- Brand new retainers are automatically sent once per year.
- Schedule a new scan anytime and begin the process.
- Cancel at anytime.

If interested, please let us know and we will email you a link to sign up.

Please see the attachment for details.

* on occasion, the doctors will see you again after today's appointment.



Dr. Spokane & Dr. Karski

**Spokane & Karski
Smile 4 Life Program**

Meet Vivera[®] retainers

**From the makers of
Invisalign[®] aligners**



vivera[®] retainers

The best protection plan for your new smile!

Program Details:

- For Braces or Invisalign patients
- Quality Vivera[®] retainers for a discounted price
- Brand new sparkling clean retainers are automatically sent once per year
- Less expensive than in-office retainers
- Less in-office appointments. Only one new scan is needed.
- Pay at one time or divide payments over 12 months.
- Cancel at anytime
- If interested, please let us know and we will email you a link to sign up.