

# David's Hydroxyapatite Paste HA Paste

## For Decalcification and Gingival Inflammation

Dr. Spokane and Dr. Karski recommended **HA Paste** to protect against cavities and decalcification (white spots) due to poor oral hygiene, a highly acidic diet including soda/sports drinks and excessive sugar consumption.

The best way to describe HA Paste- It is similar to liquid Calcium that absorbs into the tooth surface to prevent or help heal white spots.

### Instructions for use

1. Brush and Floss thoroughly with David's HA toothpaste.
2. Then, refill your toothbrush with a moderate amount of HA Paste and gently brush onto all teeth surfaces especially on the tooth surfaces next to the braces.
3. Spit any excess out of your mouth but **DO NOT RINSE.**
4. **DO NOT EAT OR DRINK FOR 30 MINUTES FOLLOWING TREATMENT!**
5. Do this in the morning, immediately after school and prior to bed.
6. Please follow our detailed step by step hygiene protocol.



**Don't let this be your teeth!!**