

## Patient Information regarding your Varnish Treatment

As part of your treatment today, we applied a fluoride-free professional strength nano-hydroxyapatite varnish to protect your teeth.

Fygg varnish promotes remineralization to help prevent white spots, lessens tooth sensitivity, whitens naturally, helps prevent decay and nourishes the oral microbiome. It is free from sodium lauryl sulfate, artificial flavors and dyes. It is highly concentrated to penetrate deep into the enamel.

### Patient Directions:

- Directly after treatment you will feel a thin coating on your teeth when rubbed by your tongue. You can brush this off after 30 minutes.
- Do not eat, drink, brush or floss your teeth for 30 minutes.
- A maximum benefit will be achieved from the varnish if these rules are followed.
- The varnish should last for 4-6 months and may be re-applied during your treatment.

### Biomimetic ingredients:

Water (Hydration)

Non-GMO Vegetable Glycerin (Humectant)

Non-GMO Xylitol (Oral Microbiome Support)

Hydrated Silica (Viscosity)

Nano-Hydroxyapatite (Remineralization)- 15.5% nano XIM (8.6% nano-Hap)

Xanthan Gum (Binder)

L-Arginine (Remineralization)

Monk Fruit Extract (Sweetener)

Potassium Sorbate (Preservative)

