

## **MEDICATIONS FOR AFTER SURGERY**

<b>DVT Prophylaxis</b>	<b>Aspirin 81mg</b> – take 1 pill, twice a day, for one month following surgery. This is for blood clot prevention and is VERY important. This is given unless you have other risk factors for blood clots or already on blood thinners.
<b>Zofran (ondansetron)</b>	This medication is used to help manage nausea after surgery. You can take 1 or 2 4mg Zofran pills after 4 hours for severe nausea. If you do not need, do not take it.
<b>Celebrex (celecoxib)</b>	This medication is used to help manage swelling and pain after surgery. Start 7 days before surgery. You may not have been prescribed this if you have kidney issues or sulfa allergy.
<b>Ultram (Tramadol)</b>	This is a non-narcotic pain medication. You may take it every six hours but not at the same time as Norco (Hydrocodone). You can alternate the two every three hours.
<b>Norco (Hydrocodone)</b>	This is a narcotic (opioid) pain medication. Do not take it on an empty stomach. You may take it every four hours, if needed for pain. If you do not need it as often as every four hours, you may increase the distance between doses. Be sure to drink plenty of water.
<b>Stool softener</b>	<b>Peri Colace/Colace 2-in-1</b> – This is a stool softener/laxative combination. Take twice a day if you are taking Norco.
<b>Steroid</b>	Dexamethasone is an oral steroid that can help reduce pain and swelling. If you are diabetic and you notice your blood sugars are too elevated, stop this medication. You will take 4mg every 6 hours for the first day after surgery.
<b>TXA (tranexamic acid)</b>	This is a medication that helps reduce bruising and swelling. It is taken 2 times per day for 5 days after surgery. If you have a history of blood clots do not take this medication
<b>Antibiotics</b>	Some patients, who have higher risks, will get an antibiotic to take at home for 5 days. This is often cefadroxil 500mg twice per day.
<b>Journavx</b>	This is a non narcotic pain medication. It can be expensive because it is new but there are discount cards and samples available. Take two pills the night before surgery and then twice per day for two weeks starting the morning of surgery