

CURRICULUM VITAE

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ADDRESSES

WORK:

Naval Medical Readiness and Training Command
Naval Air Station Jacksonville
Jacksonville, Florida, 32212
Telephone: 904-270-4335

HOME:

2954 Bridlewood Lane
Jacksonville, Florida 32257
Telephone: 808-542-3976

EDUCATION

2007 To Present	Board Certification in Clinical Psychology American Board of Professional Psychology (ABPP) Board Chair/Reference: Dr. John Robinson Walter Reed Army Medical Center/Howard University Washington, D.C.
2005 To 2007	Fellowship in Health Psychology and Behavioral Medicine Tripler Army Medical Center Supervisor/Reference: COL Larry James, Ph.D., ABPP Honolulu, Hawaii
2006 To 2007	Certification in Psychopharmacology Argosy University, American School of Professional Psychology Supervisor/Reference: Dr. Raymond Folen, Ph.D., ABPP Honolulu, Hawaii
1998 To 1999	Clinical Psychology Post-Doctoral Resident Outpatient Mental Health Clinic, Lafayette River Supervisor/Reference: CAPT Michael Cross, Ph.D. Norfolk, Virginia

1996 Post-Doctoral Internship
To Naval Medical Center - Portsmouth
1997 Specialty: Clinical Psychology
Preceptor/Reference: Leo Kormann, Ph.D., ABPP
Portsmouth, Virginia

1994 Doctoral Degree, Psychology Department
To Florida State University
1997 Major: Clinical Psychology
Major Professor: Richard M. Dunham, Ph.D.
Concentration: Adult Psychopathology,
Forensic Evaluation, and Minority Mental Health

OTHER EDUCATIONAL EXPERIENCE

- Certification in Forensic Examination and Mental Health and Law
- Master Trainer Certification in Problem Solving Therapy
- Survival, Escape, Resistance, and Evasion Orientation
- Medical Mobilization and Readiness Training
- Combat, Casualty, and Control Course
- Certification in Organizational Assessment
- Workshops on Behavioral Pain Management
- Certification in Administration and Evaluation of Automated Neuropsychological Assessment Measure (ANAM)

INTERESTS/SKILLS

Military Operational Psychology

Experienced in applying psychological science to support national security, defense, and public safety by providing expertise for high-stakes missions, involving roles in personnel assessment (like special forces selection), intelligence, counterterrorism, interrogation support, crisis negotiation, and performance enhancement for personnel in demanding environments like military and intelligence operations. It helps commanders and agencies understand, influence, and manage individuals and groups to achieve strategic goals, focusing on practical applications in real-world settings. Also, experienced in meeting the psychological care needs of military personnel, veterans, and their families, focusing on mental health, performance, and well-being within a military context, addressing everything from combat trauma (PTSD) and deployment stress to recruitment screening, leadership, and reintegration into civilian life

Behavioral Medicine

Experienced in providing consult/liason services to anesthesiology/pain management programs. Developed comprehensive stress management resources for operational and medical commands. Established behavioral health programs with cardiology, endocrinology, and oncology departments.

Psychopharmacology

Promoted and advocated for prescribing privileges for psychologists. Prescription privileges granted during

tours with Theodore Roosevelt (CVN-71) and the Expeditionary Medical Facility for Camp Lemonnier/Horn of Africa in Djibouti, Djibouti.

Neuropsychological Evaluation

Trained and experienced in neuropsychological testing and evaluation for military and civilian personnel in operational settings.

Primary Care, Specialty Clinic, and Inpatient Psychological Consultative Services.

Experienced in developing clinical pathway guidelines for the treatment of depressive disorders and anxiety disorders for primary care managers and specialty inpatient medical services.

Suicidology

Experienced in mortality and morbidity boards and psychological autopsies for USMC and USN suicide prevention review boards.

Psychological Trauma

Experienced in evaluation and treatment of Post-Traumatic Stress Disorder and Acute Stress Reactions for active duty military personnel.

Social Ostracism.

Conducting on-going research into the negative psychological military readiness effects of social ostracism in college aged military academy students.

Forensic Psychology

Involved in psychological testing and therapy for forensic populations. Interests include court ordered evaluations for competency to stand trial and improving techniques in identifying malingering.

Organizational and Institutional Assessment

Trained and experienced in academic assessment and process improvement programs for hospitals, universities, and outpatient clinics. Well versed in organizational and institutional assessment program development and reporting.

Program Development

Experienced in developing Health Psychology curricula for APA Committee of Accreditation site-visits for major medical treatment facilities. Recent involvement in establishing pre-doctoral internship and post-doctoral fellowship at Naval Medical Center-Portsmouth. Developed afloat command anti-smoking, health promotions, and suicide prevention programs. Working on psychological health and traumatic brain injury programming for Naval Health clinics in Annapolis and Earle, New Jersey.

Statistics

Experienced in univariate, multivariate, and psychometric techniques. Have worked as design and statistical consultant for university students and faculty.

Cross Cultural Mental Health (Family Functioning and Adolescent /clinical issues)

Interested in factors to improve psychotherapeutic outcomes, and environmental factors influencing individual differences and pathology for minority populations. Current research interests include collecting

normative psychologically oriented data on Asian American populations.

Chronic Schizophrenic Populations

Developed programs involving single subject, multiple baseline methodology to assess efficacy of conversational skills development training program for a chronically institutionalized subject with severe conversational deficits and extensive delusional belief systems.

MILITARY MERITORIOUS MEDALS AND AWARDS

2025 – Navy/Marine Corps Meritorious Service Medal (Gold Star in Lieu of Third Award)

2020 – Navy/Marine Corps Meritorious Service Medal (Gold Star in Lieu of Second Award)

2016 – Navy/Marine Corps Commendation Medal (Gold Star in Lieu of Fourth Award)

Professional Affiliations

- ◆ American Psychological Association-Member
- ◆ Hawaiian Psychological Association-Past Clinical Division Representative
- ◆ Maryland Psychological Association-Diversity Committee, Past-Chairman
- ◆ Division 19, Military Psychology, Member
- ◆ Division 31, State Psychological Association Affairs, Member
- ◆ Division 55, Psychopharmacology, Member

WORK EXPERIENCE

MILITARY EXPERIENCE

November, 2025 To Present	Senior Psychologist Naval Medical Readiness and Training Command, Jacksonville
	Providing direct psychological consultative, training and clinical services in support of Naval Aviation, Undersea, Surface Warfare, and Expeditionary Operational Forces
June, 2024 To October, 2025	Senior Psychologist Midshipmen Development Center, United States Naval Academy
	Provided psychological subject matter consultative and clinical services for the Brigade of Midshipmen, Staff, and USNA senior leadership.

<p>July, 2020 To May, 2024</p>	<p>Assistant Professor of Psychology Division of Leadership Education and Development Department of Leadership, Ethics, and Law United States Naval Academy (USNA) and Naval Post-Graduate School Annapolis, MD</p> <p>Provided undergraduate and graduate psychological education and professional development to the the Brigade of Midshipmen and their Company Officers and senior enlisted leadership.</p>
<p>October, 2016 To June, 2020</p>	<p>Senior Clinical Advisor Marine and Family Division, Behavioral Health Branch Headquarters, Marine Corps Quantico, Virginia</p> <p>Provided psychological subject matter expertise for senior Navy and Marine Corps leadership.</p>
<p>January, 2016 To September, 2016</p>	<p>Director, Behavioral Health and Ancillary Services Expeditionary Medical Facility, Camp Lemonnier-Djibouti Horn of Africa</p> <p>Provided administrative oversight for medical ancillary services for personnel assigned to the Naval Expeditionary Medical Facility supporting operations in the the Horn of Africa.</p>
<p>January, 2015 To December, 2015</p>	<p>Detailed Staff, Joint Incentive Fund (Project 7) Deployment Health Clinical Center Defense Department Centers of Excellence Silver Spring, MD</p> <p>Provided Subject Matter Expertise (SME) for military mental health for interdisciplinary team tasked by Congress to provide training, implementation, and evaluation of Problem Solving Therapy across the DoD/VA enterprise.</p>
<p>September, 2013 To August, 2013</p>	<p>Director Outpatient Psychology Training Program Walter Reed National Military Medical Center Bethesda, MD</p> <p>Clinical oversight and training for clinical psychology and psychiatry residents and staff in the Behavioral Health Directorate at Walter Reed National Military Medical Center</p>

Military Related Academic/Research/Program Development Experience

October, 2016
To
Present
Subject Matter Expert – US Marine Corps Suicide Prevention
Department of Defense, Suicide Prevention Office
Office of the Secretary of Defense
Alexandria, Virginia

January, 2016
To
October, 2016
Chairman
Camp Lemonnier, “Afaya Kilihili” (Behavioral Health Board)
Camp Lemonnier, Djibouti, Horn of Africa (CLDJ-HOA)

While assigned to CLDJ-HOA provided educational and training oversight to allied-behavioral health services to personnel assigned to the Horn of Africa.

February 2014
To
January, 2016
Military Psychology Subject Matter Expert
Deployment Health Clinical Centers
Department of Defense, Centers of Excellence
Silver Spring, MD

February 2013
To
February 2014
Navy Subject Matter Expert
Integrated Mental Health Strategy
Strategic Action Group 10, 12, and 27
Bethesda, MD

August 2013
To
August 2014
Navy Subject Matter Expert
DoD/VA CPG
Chronic Multisystem Illness

September, 2011
to
September 2012
Project Manager
Wounded, Ill and Injured (WII) Program
Annapolis, Maryland

Provide managerial oversight for the Psychological Health/Traumatic Brain Injury, Hearing Conservation, Wounded Warrior, and IDES programs. National Capitol Area Representative for the WII registry project.

July 2009
To
July 2010
Co-Author
Naval Internship Manual for Professional Clinical Psychology
Naval Medical Center-Portsmouth, VA

Involved in preparations and drafting internship policy at NMCP for the American Psychological Association’s Committee of Accreditation.

December 2004 To August 2005	<p>Co-Investigator "The Health Informatics Technology Environment: Tripler Army Medical Center, Institutional Research Board Honolulu, HI</p> <p>Co-wrote million dollar grant proposal for computer based training for Psychologists in Rural and Remote settings.</p>
December, 2003 To Current	<p>Editorial Board Journal of the Society for Military Psychology Military Clinical Psychology</p>
December, 2003 To August, 2005	<p>Editorial Board Journal of Psychological Services Federal/Governmental Services</p>
December, 2003 To August, 2005	<p>Academic Associate Advisor Naval Postgraduate School Organizational Cynicism at the United States Naval Academy Assessment Project Monterey, California</p>
December, 2003 To August, 2005	<p>Academic Associate Advisor Naval Postgraduate School Evaluation of the Occupational Stress Control and Readiness (OSCAR) Program Monterey, California</p>

CIVILIAN WORK EXPERIENCE

January, 2006 To January, 2007	<p>Consultant, Behavioral Health in Primary Care Mawaena Clinic Waianae Coast Comprehensive Health Center Waianae, Hawaii</p> <p>Provided psychological evaluation and treatment, as well as psychopharmacological consultation for the low-income, rural and indigent Native- Hawaiian populations.</p>
January, 2007 to January, 2008	<p>Clinical Division Representative Hawaiian Psychological Association Honolulu, Hawaii</p>

Served as primary clinical representative for the association for clinical-related interests affecting over 300 local state association members. Primary facilitator for conducting HPA affairs within the Division. Recommends members from Division

for appointments to committees.

Civilian Academic Experience

September, 2007	Adjunct Faculty
To	Uniform Services University for Health Sciences
Present	Bethesda, Maryland
August, 2006	Adjunct Faculty
To	Argosy University, Honolulu Campus
August, 2007	Honolulu, Hawaii
July, 2001	Adjunct Faculty
To	University of Maryland, University Park- Asian Division
July 2002	Okinawa, Japan

PRESENTATIONS/PUBLICATIONS

Selected Professional Presentations and Papers

- Bacho, R; Chiang, M. (2025). Prevention and Outreach Programs, United States Naval Academy. Military Psychology, American Psychological Association Annual Conference. Denver, CO.
- Bacho, R (2024). Social Ostracism and its Negative Effects on Readiness at the United States Naval Academy. Society of Industrial and Organizational Psychology Annual Convention. (in review).
- Bacho, R (2020). Current Innovations in Operational Psychology. APA 2020 International Convention, Washington, D.C.
- Bacho, R (2019). Innovation, Prevention and Outreach for the DoD. National Guard Bureau Headquarters. Arlington, VA.
- Bacho, R (2018). Memorandum of Understanding: Comprehensive Behavioral Health Care Services between the United States Marine Corps and the United States Navy. Behavioral Health Executive Conference. Quantico, VA
- Bacho, R (2017). Mental Health Provider Self-Care. USMC Sexual Assault and Response Prevention Annual Training. Orlando, FL.
- Bacho, R (2017). Columbia Suicide Severity Rating Scale and VA Safety Planning Training for USMC Behavioral Health Providers. Department of Defense Suicide Prevention Office. Alexandria, VA.
- Bacho, R (2016). Resiliency and Problem Solving Training in Operational Settings. Navy Times. Djibouti, Horn of Africa.

- Bacho, R. (2014). Future Directions in Military Psychology: Senior Officer's Perspective
Division 19, American Psychological Association Annual Convention, Washington, D.C.
- Bacho, R. (2011). Dealing with Masculinity in providing psychological services in the military.
Division 51. Men and Masculinity, Discussion Panel, American Psychological Association Annual
Convention, Washington, D.C.
- Bacho, R.; Younger R., (2010). *Threat Within the Ranks- The Experience of the Prescribing Psychologist
Managing Violent Behavior in Deployed Military Settings*. Symposium presentation, Division 55,
American Psychological Association, San Diego, CA.
- (R) Bacho, R., Myhre, J., and James, L. (2008). An Integrative Approach to Treating Obesity and
Comorbid Medical Disorders. In J. Kessler, Collaborative Medicine Case Studies: Evidence in
Practice, (pp. 287-297); New York: Springer Publishing.
- (R) Johnson, B., Bacho, R., Ralph, J., Heim, M. (2005). Multiple-Role Dilemmas for Military
Mental Health Care Providers. Military Medicine. Vol 171(4) Apr 2006, 311-315.