

## CLINICIAN

# Claudette Ruehl

## ABOUT ME

Licensed Clinical Therapist (LC-ADC) with 10+ years of experience delivering telehealth and in-person mental health and substance use treatment. Proven track record of improving client outcomes through evidence-based interventions, crisis stabilization, and strong therapeutic rapport. Recognized for flexibility, high client engagement, and maintaining excellent clinical documentation standards.

## SKILLS

- Telehealth & Virtual Care Delivery
- Crisis Intervention & Stabilization
- Suicide Risk Assessment & Safety Planning
- Cognitive Behavioral Therapy (CBT)
- Motivational Interviewing
- Individual & Group Therapy
- Co-Occurring Disorders Treatment
- Case Management & Care Coordination
- Trauma-Informed Care
- Client Engagement & Retention
- Comprehensive Biopsychosocial Assessments
- Individualized Treatment Planning
- Relapse Prevention Program Facilitation
- High-Risk Client Management
- Emergency & Community Resource Coordination
- Insurance Authorizations & Utilization Review
- Clinical Documentation & Compliance (EHR Systems)

## EDUCATION

Master of Science, Mental Health Wellness  
Master of Science Addictions Counseling  
**Grand Canyon University**  
Bachelor of Science, Business Administration  
**University of Maryland University College**

## EXPERIENCE

Clinician – **IAFF Center of Excellence** (2023–Present)

Mobile Crisis Clinician – **Calvert County** (2021–Present)

Therapist – **Recovery Centers of America** (2022–2023)

Addictions Counselor – **Pathways Treatment Center** (2015–2023)

Addictions Counselor – **New Journey** (2017–2021)

Addictions Counselor – **MedMark Treatment Center** (2015–2017)