

JENNIFER K. LAI, Ph.D.

Curriculum Vitae

LICENSURE

Licensed Clinical Psychologist

California License # PSY 32302
Michigan License # 6301019508

2020 – Present
2024 – Present

EDUCATIONAL HISTORY

Pacific Graduate School of Psychology, Palo Alto University (APA Accredited)

Doctor of Philosophy in Clinical Psychology
Major Area of Emphasis: Neuropsychology

2012 – 2018

University of California at Berkeley

Bachelor of Arts in Integrative Biology
Bachelor of Arts in Psychology

2007 – 2011

CURRENT POSITION

Staff Psychologist

9/2020 – Present

**Research Services, VA Long Beach Healthcare System
Long Beach, CA**

- Conducting central psychodiagnostic assessments (e.g., CAPS-5, SCID-5) for several national multi-site studies in PTSD research to determine eligibility and symptom severity
- Part of the Novel Therapies for Chronic and Traumatic Stress Lab, engaging in research-related tasks including grant and manuscript writing, assessment measure selections, and data analysis for ongoing and upcoming research projects
- Spearheaded the programming and currently cofacilitate a post-intake orientation group for veterans in the combat PTSD clinic to improve treatment compliance and planning
- Previous member of the Ethics Consult Team as an Ethics Consultant participating in monthly committee meetings and responding to ethics consults submitted by other departments within the LBVA healthcare system

3/2020 – Present

Medical Records Reviewer

**Jenel Sanchez Ramos PLLC
Remote Position**

- Independent contractor responsible for thorough review of medical records for VA compensation and pension/disability claim cases

PAST CLINICAL EXPERIENCES

Clinician/Clinical Supervisor

**Psychological Evaluation Center of North America (PECNA)
Remote Position**

4/2024 – 4/2025

- Completed comprehensive psychological evaluations for gestational carrier candidates, intended parents, and egg donor candidates pursuing third party Assisted Reproductive Technology (ART) arrangement via telehealth
- Provided training to onboarding clinicians and performed clinical supervisory role tasks to ensure efficient functioning of the ART psychological evaluation program

Neuropsychological Psychometrist

9/2019 – 1/2025

**Charles H. Hinkin, PhD., ABPP-CN Private Practice
West Los Angeles, CA**

- Provided psychometrist services for medicolegal evaluations, including administration and scoring of neuropsychological assessments, review of medical records, clinical interview, and report writing

TBI/Rehab Neuropsychology Postdoctoral Resident (APA Accredited; 2-year program) 9/2018 – 8/2020

VA Greater Los Angeles Healthcare System

West Los Angeles, CA

Primary Rotation (2-year): TBI/Rehab Polytrauma Clinic

- Provided outpatient neuropsychological assessment services to veterans with a history of head injuries referred from the Polytrauma team
- Participated in weekly Polytrauma Interdisciplinary Team conferences for patient care management
- Provided formal supervision to interns completing their training in the TBI/Rehab rotation via layered supervision

Secondary Rotation (Year 1 and Year 2): General Neuropsychological Assessment Lab

- Provided full neuropsychological evaluation services for outpatients referred by various disciplines (e.g., Neurology, Movement Disorders clinic, Neurobehavior, etc.) for cognitive complaints

Secondary Rotation (Year 2): Acute Rehabilitation Unit (ARU)

- Provided psychodiagnostics intake interviews, bedside cognitive evaluations, and short-term adjustment-related psychotherapy to rehab inpatients (e.g., stroke, orthopedic surgery, etc.) referred for Psychology services to assess for current mood, cognition, independent living skills, and coping
- Collaborated closely with inpatient interdisciplinary team and participated in weekly huddles

Other assessment experiences:

- Provided pre-transplant psychological evaluations for Veterans awaiting transplant surgery
- Provided inpatient consultation and liaison services for medical inpatients, with referral questions including cognitive and capacity evaluation

Other group therapy experiences:

- Weekly multidisciplinary “Brain Boost” group therapy with Speech Therapy at the inpatient Domiciliary aimed at improving cognitive functioning through various compensatory strategies
- 8-week manualized “Memory Skills for Older Adults with PTSD (MSOAP)” group therapy aimed at improving cognitive functioning and developing mindfulness strategies for older Veterans with PTSD
- 10-week manualized “Brain Training” group therapy aimed at improving cognitive functioning in aging older adults via the use of compensatory strategies and lifestyle changes
- 8-week manualized “Memory Skills” group therapy aimed at improving cognitive functioning in older adults with mild neurocognitive disorder via the use of compensatory strategies and lifestyle changes

Psychology Predoctoral Intern

8/2017 – 8/2018

VA Loma Linda Healthcare System (APA Accredited)

Loma Linda, CA

General Internship Training (year-round generalist training experiences):

- Received yearlong training and supervision for cases in CPT, ACT, long-term psychodynamic therapy, psychodiagnostic and projective tests, and supervisory skills

Major Rotations 1 and 2: Neuropsychology (8 months total)

- Provided outpatient neuropsychological assessment services to neuropsychological consultations within a general medical setting with a wide variety of neurological, medical, and psychological disorders
- Provided formal supervision to practicum-level doctoral student in the neuropsychology rotation via vertical supervision
- Participated in the Cognitive and Social Enhancement for Dementia (CASED) group aimed at improving cognitive functioning of veterans with mild dementia through various cognitively stimulating activities

Major Rotation 3: Primary Care Mental Health Integration (PCMHI; 4 months total)

- Provided first-line triage services for veterans interested in and seeking for various mental health services in an embedded primary care multidisciplinary model
- Provided brief and time-limited evidence-based psychotherapy to outpatient primary care patients with mild to moderate behavioral health needs with the goal of early detection, quick resolution of identified problems, and prevention of long-term problems as part of the Patient Aligned Care Teams (PACT)

Neuropsychology Practicum Student

7/2016 – 6/2017

**Neuropsychology Services, Kaiser Foundation Rehabilitation Center
Vallejo, CA**

Setting: 48-bed CARF-accredited comprehensive inpatient neurorehabilitation program within a large medical center for Kaiser Health Plan members presenting with strokes, traumatic brain injury, cerebral vascular disorders, brain tumor, spinal cord injury, or other neurological conditions

- Conducted psychodiagnostic intake interviews to inpatients referred for Neuropsychology services to assess for current mood and cognitive functioning
- Provided brief inpatient and comprehensive outpatient neuropsychological assessments with feedback sessions to address varying referral questions, such as decision-making capacity, readiness to return to work, post-stroke/TBI/SCI cognitive functioning, and discharge planning
- Provided psychoeducation and therapeutic interventions to patients and families experiencing mood difficulties secondary to adjustment difficulties

Supplemental Practicum Student

2/2016 – 6/2017

**Substance and Anxiety Intervention Laboratory, VA Palo Alto Health Care System
Menlo Park, CA**

- Administered and scored neuropsychological and psychiatric diagnostic (CAPS-5 and MINI) assessments as part of a randomized controlled study examining the impact of a mobile, neuroscience-based cognitive remediation intervention for veterans with Alcohol Use Disorder and PTSD

Neuropsychology Practicum Student

6/2015 – 6/2016

**Psychological Assessment Unit, VA Palo Alto Health Care System
Palo Alto, CA**

Setting: Outpatient psychological assessment clinic for referred veterans with mixed neuropsychiatric presentations

- Provided neuropsychological assessment services (i.e., testing, scoring, interpreting data, writing full reports) and conducted feedback sessions for mixed neuropsychiatric veteran populations, including referrals for neurocognitive disorders, Autism Spectrum Disorder, ADHD, etc.

- Provided monthly on-call neuropsychology evaluations for medical inpatients with questionable decision-making capacity

Neuropsychology Practicum Student 6/2015 – 6/2016

**Neuropsychology Assessment and Intervention Clinic, VA Palo Alto Health Care System
Palo Alto, CA**

Setting: Outpatient neuropsychological clinic for veterans with mild cognitive impairments

- Provided individual and couples cognitive rehabilitation psychotherapy (CRATER therapy) for veterans with mild cognitive impairment with or without comorbid PTSD using the PEAT (Planning and Execution Autonomy Toolkit) software

Practicum Student Trainee 8/2014 – 8/2015

**Portia Bell Hume Behavioral Health and Training Center
Fremont, CA**

Setting: Community-based outpatient mental health clinic serving youth and families with MediCal in the Alameda County

- Maintained an active caseload and provided individual, couples, and family therapy to clients up to age 19 in the office, at home, or at school

Supplemental Practicum Student Therapist 11/2013 – 6/2015

**Dr. Carol Wong Private Practice
San Mateo, CA**

Setting: Private practice of licensed child psychologist Dr. Carol Wong, who specializes in therapy for ASD, Anxiety Disorders, ADHD, cultural and identity development, and stressful transitions for young children, school-aged children, adolescents, and young adults/college students.

- Co-led group psychotherapy with supervising psychologist for a group of six children (ages 7-11) with various diagnoses (ASD, ADHD, etc.) and general social skills deficits

Student Therapist 4/2013 – 3/2014

**Gronowski Center, Palo Alto University
Los Altos, CA**

Setting: Community outpatient mental health clinic serving ethnically diverse populations, including children, adults, elderly, and individuals of varying SES.

- Provided individual and family psychotherapy to clients (ages 15-65) presenting with symptoms of depression, anxiety, substance abuse, personality disorder, and adjustment disorder
- Conducted telephone and in-person intake interviews

Behavior Therapist 9/2012 – 7/2013

**Pacific Child and Family Associates
San Mateo, CA**

Provided Applied Behavior Analysis (ABA) therapy to children diagnosed on the Autism spectrum at home or at school, aimed at increasing social skills, attention and focus, and appropriate behaviors

PAST RESEARCH EXPERIENCES

Independent Rater 4/2017 – 5/2019

**MAPS Public Benefit Corporation
Santa Cruz, CA**

- Conducted psychodiagnostic interviews, including Structured Clinical Interview for DSM-5 (SCID-5), Structured Clinical Interview for DSM-5 Personality Disorders (SCID-PD), Clinician-Administered PTSD Scale for DSM-5 (CAPS-5), and Dissociative Disorders Interview Schedule (DDIS), to research participants via video conference
- Participated in biweekly reliability meetings and maintaining communication with research staff to ensure protocol fidelity

Research Assistant

6/2013 – 6/2017

**Palo Alto University and Palo Alto Veteran Affairs Hospital
Palo Alto, CA**

Advisor: James A. Moses, Ph.D., ABPP-CN

- Analyzed archival database of neuropsychological assessment results from Palo Alto VA patients with mixed neuropsychiatric diagnoses (over 30 years of data) and presented research results at several national conferences (AACN, NAN)

Clinical Research Assistant I/Rater

1/2015 – 12/2015

**National Center for PTSD, VA Palo Alto Health Care System (VAPAHCS)
Menlo Park, CA**

Principal Investigator: Josef Ruzek, Ph.D., Benjamin Graham, Ph.D.

Research Projects: *Project OUTFIT (Online User Training for Intervention in Trauma)*

- Rated transcripts of recorded CBT sessions by participating clinicians for a mock veteran patient to evaluate effectiveness of an online training program aimed for clinicians working with veterans with PTSD

Graduate Research Assistant

4/2014 – 5/2015

**Stanford University
Stanford, CA**

Principal Investigator: Anda Gershon, Ph.D.

Research Project: *Daily REST Study – Sleep and mood patterns in youth with or without Bipolar Disorder*

- Worked closely with PI on all aspects of project in preparation for launch of study such as creating interview protocols and recruitment flyers, literature review, organizing participant database and other study related materials, and outreach to community for recruitment purposes
- Conducted telephone diagnostic screening interviews, SCID, and K-SADS interviews to participants and their parents
- Collected sleep data at in-home visits using polysomnography equipment to examine sleep patterns in adolescents with and without Bipolar Disorder

Graduate Research Assistant

10/2013 – 9/2014

**Stanford University, Late-life and Lifespan Approaches to Neuropsychiatric Disorders Lab
Stanford, CA**

Principal Investigators: Ruth O'Hara, Ph.D.

Research Projects: *Characterizing Sleep Disorders in Autism Spectrum Disorders*

- Administered and scored neurocognitive and psychological assessments used for ongoing studies
- Collected sleep data at in-home visits using polysomnography equipment

Clinical Research Assistant I/Rater (paid position)

3/2014 – 7/2014

**Palo Alto Institute for Research & Education (PAIRE), VA Palo Alto Health Care System
(VAPAHCS)**

Palo Alto, CA*Principal Investigator: Katharine C. Sears, Ph.D.*Research Project: *A Standardized Patient Methodology to Assess CBT Skills Performance: Development and Testing in a Randomized Controlled Trial of Web-Based Training*

- Reviewed audio transcripts of a standardized patient interview and rating subjectivity of actor patients in CBT treatment of PTSD

Bilingual Site Coordinator

7/2011 – 7/2012

**University of California San Francisco, Department of Medicine
San Francisco, CA***Principal Investigator: Celia Kaplan, DrPH, MA*Research Project: *BreastCare*

- Conducted interactive surveys aimed at increasing breast cancer awareness on computer tablets to patients at clinic in English, Mandarin, Cantonese, and Spanish
- Involved in recruitment and scheduling of patients
- Conducted initial and follow-up phone interviews in English and Cantonese

Research Assistant

4/2011 – 10/2011

**University of California Berkeley, The Greater Good Science Center
Berkeley, CA***Principal Investigators: Tim Urdan, Ph.D. and Rob Roeser, Ph.D.*Research Project: *Berkeley Teacher Mindfulness Study*

- Served as local liaison, conducted classroom observations, interviewed schoolteachers enrolled in a mindfulness course, and transcribed audio interviews of teachers regarding effects of the mindfulness exercises

Research Assistant

5/2010 – 7/2011

**University of California Berkeley, UC Berkeley Infant Studies Center
Berkeley, CA***Principal Investigator: Joseph Campos, Ph.D.*Research Project: *Upright Locomotion, Self-Produced Locomotion*

- Conducted subject screenings, recruitment, and scheduling of infant participants
- Executed several experimental paradigms that tested effects of locomotion on development on typically developing infants and babies with spina bifida

Overnight Sleep Research Assistant

2/2010 – 3/2011

**University of California Berkeley, Sleep and Mood Research Clinic
Berkeley, CA***Principal Investigator: Allison Harvey, Ph.D.*Research Project: *Insomnia Treatment Study*

- Conducted polysomnography equipment setups for overnight patients with and without insomnia and monitored overnight patients and sleep recordings to ensure operation of study

Research Assistant

2/2010 – 7/2010

**University of California Berkeley, Prinzmetal Impulsivity Lab
Berkeley, CA***Principal Investigator: William Prinzmetal, Ph.D.*Research Project: *Correlated Flanker*

- Administered computer-based behavior task aimed at measuring effects of impulsivity on reaction time

PROFESSIONAL PRESENTATIONS AND PUBLICATIONS

1. Calloway, T., Hsiao, A., Brand, M., **Lai, J.**, Geise, C., Caicedo, B., Alpert, R., Hollifield, M. (2022). Conceptualizing a Traditional Chinese Medicine and Pathology of Arousal Diagnostic and Pathophysiological Framework for Postacute Sequelae of COVID-19. *Medical Acupuncture*, 34(3), 167-171. <https://doi.org/https://doi.org/10.1089/acu.2022.0022>
2. Hollifield, M., Coccozza, K., Calloway, T., **Lai, J.**, Caicedo, B., Carrick, K., Alpert, R., Hsiao, A. (2022). Improvement in Long-COVID Symptoms Using Acupuncture: A Case Study. *Medical Acupuncture*, 34(3), 172-176. <https://doi.org/https://doi.org/10.1089/acu.2021.0088>
3. Johnson, M., **Lai, J.**, Corona, M., Lupas, G. (2019, November). *Global Precedence: Examining Contributing Effects of Age and Cognitive Functioning*. Poster presented at the 2019 National Academy of Neuropsychology, San Diego, CA.
4. Meffert, B.N., **Lai, J.**, Tobin, C., Cloitre, M., Woodward, S., Heinz, A.J. (2017, November). *Interpersonal Violence Has Unique Associations with Neurocognitive Functioning: An Examination Among Military Veterans with Alcohol Use Disorder and PTSD*. Poster presented at the 33rd Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
5. Gukasyan, M., Moses, J., **Lai, J.** (2017, October). *Impact of Language and Intelligence on Visual Form Discrimination Test Performance*. Poster presented at the 2017 National Academy of Neuropsychology, Boston, MA. (Abstract published in *Archives of Clinical Neuropsychology*)
6. Tobin, C., Meffert, B., **Lai, J.**, Bonn-Miller, M.O. & Heinz, A.J. (2017, March). *Relations Between Performance on Neuropsychological Assessments and Perceived Real-World Psychosocial Functioning Among Veterans with Traumatic Brain Injury, Alcohol Use Disorder, and PTSD*. Poster presented at the 7th Annual Traumatic Brain Injury Research Forum of the Defense and Veterans Brain Injury Center and Polytrauma Services of VA Palo Alto Health Care System, Palo Alto, CA. Poster also presented at the Stanford Neuroscience Forum (2017, June).
7. Heinz, A.J., Meffert, B., Tobin, C., **Lai, J.**, Lee, K., & Bonn-Miller, M.O. (2017, March). *Mobile Cognitive Training for Military Veterans with Alcohol Use Disorder and Co-occurring Posttraumatic Stress Disorder*. Poster presented at the Experiential Technology and Neurogaming Conference and Expo, San Francisco CA. (First place poster session winner)
8. **Lai, J.K.**, Cohen, N., Tobin, C., Meffert, B., Blonigen, D., Bonn-Miller, M., Heinz, A.J. (2017, February). *Subjective and Objective Measures of Impulsivity: Relations with Clinical Symptom Severity and Psychosocial Functioning Among Military Veterans with Alcohol Use Disorder and Posttraumatic Stress Disorder*. Poster session presented at the 45th Annual Meeting of the International Neuropsychological Society, New Orleans, LA. (Abstract published in *Journal of the International Neuropsychological Society: JINS* (2017), Vol. 23(S1): p. 204)
9. Wheeler, J.M., Moses, J.A., **Lai, J.K.** (2017, February). *Verbal Mediation as a Factor in Serial Digit Learning Test*. Poster session to be presented at the 45th Annual Meeting of the International Neuropsychological Society, New Orleans, LA. (Abstract published in *Journal of the International Neuropsychological Society: JINS* (2017), Vol. 23(S1): p. 51)
10. **Lai, J.**, Moses, J., Marino, C., Humphrey, S. (2016, October). *Role of Attention Span and Working Memory on Errors of the Benton Visual Retention Test*. Poster presented at the 2016 National Academy of Neuropsychology, Seattle, WA. (Abstract published in *Archives of Clinical Neuropsychology* (2016), Vol. 31(6): p. 635)
11. Marino, C., Moses, J., **Lai, J.**, Eng, M., Thompson, D. (2016, October). *Factorial Relationships of the Benton Visual Retention Test to Demographics, Intelligence, and Visual Naming Parameters*. Poster

- presented at the 2016 National Academy of Neuropsychology, Seattle, WA. (Abstract published in *Archives of Clinical Neuropsychology* (2016), Vol. 31(6): p. 661)
12. Humphrey, S., Moses, J., Agarwal, N., **Lai, J.** (2016, October). *Attention Span and Working Memory Correlates of Factorial Components of the Benton Visual Retention Test and the Serial Digit Learning Test, Nine-Digit Form*. Poster presented at the 2016 National Academy of Neuropsychology, Seattle, WA. (Abstract published in *Archives of Clinical Neuropsychology* (2016), Vol. 31(6): p. 666)
 13. **Lai, J.**, Moses, J., Marino, C., Eng, M., Thompson, D. (2016, June). *Impact of Attention, Working Memory, and Demographic Variables on Benton Visual Retention Test Item Performance*. Poster session presented at the 2016 American Academy of Clinical Neuropsychology, Chicago, IL. (Abstract published in *The Clinical Neuropsychologist*, 2016, Vol. 30, No. 3, pp. 373-472)
 14. Cohen, N., Teague, A., **Lai, J.**, Tobin, C., Bonn-Miller, M.O. & Heinz, A.J. (2016, June). *Subjective memory complaints are better explained by posttraumatic stress disorder symptom severity than objective memory performance among military veterans with traumatic brain injury, PTSD, and alcohol use disorder*. Poster presented at the Stanford University School of Medicine Neuroscience Forum, Stanford, CA.
 15. **Lai, J.**, Moses, J., Han, C., Marino, C. (2015, November). *Analysis of Pattern Performance on Items of the Visual Form Discrimination Test and Benton Visual Retention Test*. Poster session presented at the 2015 National Academy of Neuropsychology, Austin, TX. (Abstract published in *Archives of Clinical Neuropsychology* (2015), Vol. 30(6): p. 583)
 16. Marino, C., Moses, J., **Lai, J.**, Han, C. (2015, November). *Level and Pattern of Performance on the Benton Visual Retention Test*. Poster session presented at the 2015 National Academy of Neuropsychology, Austin, TX. (Abstract published in *Archives of Clinical Neuropsychology* (2015), Vol. 30(6): p. 586)
 17. **Lai, J.**, Moses, J., Marino, C., Han, S. (2015, June). *Analysis of Copy Error Scores of the Benton Visual Retention Test*. Poster session presented at the 2015 American Academy of Clinical Neuropsychology, San Francisco, CA. (Abstract published in *The Clinical Neuropsychologist*, 2015, Vol. 29, No. 3, pp. 308-393)
 18. Han, C.S., Moses, J., **Lai, J.**, & Marino, C. (2015, June). *An Investigation of Language Dimensions and Their Relationships to Intellectual Functioning*. Poster session presented at the 2015 American Academy of Clinical Neuropsychology, San Francisco, CA. (Abstract published in *The Clinical Neuropsychologist*, 2015, Vol. 29, No. 3, pp. 308-393)