

## **DIGESTIVE MEDICINE ASSOCIATES, LLP**

2140 West 68<sup>th</sup> Street, Suite 300, Hialeah, FL 33016 | 3133 Ponce de Leon Boulevard, Coral Gables, FL 33134  
18044 N.W. 6<sup>th</sup> Street, Suite 102, Pembroke Pines, FL 33029 | 11410 North Kendall Drive, Suite 311, Miami, FL 33176  
3650 NW 82<sup>nd</sup> Avenue, PH 506, Doral, FL 33166  
Ph: 305-822-4107 Fax: 305-822-5086 | [digestivemed.com](http://digestivemed.com)

### **CLENPIQ INSTRUCTIONS FOR COLONOSCOPY**

#### **FIVE (5) DAYS PRIOR TO THE PROCEDURE:**

- If you take medication for Pain & Arthritis, for example: Advil, Motrin, Naproxen, or any other medication containing Aspirin or Anticoagulants such as: Coumadin, Pradaxa or Plavix, **STOP TAKING** them five (5) days prior to your procedure.

#### **DAY BEFORE PROCEDURE:**

**Clear liquid diet ALL** day for breakfast, lunch and dinner. Clear liquids include Apple/Grape Juice, Sprite, Gatorade, Chicken Broth, Jello (no red coloring) & Tea. **NO SOLID FOOD!!**

1. Between 5:00 P.M. and 9:00 P.M. drink one bottle of Clenpiq.
2. Then drink 5 cups (8 oz each) of clear liquid.
3. **Finish ALL** the drinking over 5 hours. It should be done by midnight.
4. Hydration is important. Make sure to drink liquids before, during, and after the preparation.

#### **ON THE MORNING OF THE PROCEDURE:**

5 hours before procedure drink the other bottle of Clenpiq followed by at least 3 cups (8 oz each) of clear liquids. Stop drinking ANY liquids 2 hours before your procedure.

- Do **NOT** take medication for Diabetes the night before or morning of the procedure.
- If you are on Antihypertensive / Blood Pressure medication, you **SHOULD** continue to take them as usual with a sip of water.