

DIGESTIVE MEDICINE ASSOCIATES, LLP

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MoviPrep INSTRUCTIONS FOR COLONOSCOPY

FIVE (5) DAYS PRIOR TO THE PROCEDURE:

- If you take medication for Pain & Arthritis, for example: Advil, Motrin, Naproxen, or any other medication containing Aspirin or Anticoagulants such as: Coumadin, Pradaxa or Plavix, **STOP TAKING** them five (5) days prior to your procedure.

DAY BEFORE PROCEDURE:

Clear liquid diet ALL day for breakfast, lunch and dinner. Clear liquids include Apple/Grape Juice, Sprite, Gatorade, Chicken Broth, Jello (no red coloring) & Tea. **NO SOLID FOOD!!**

1. At 7:00 P.M. Empty 1 Pouch A and 1 Pouch B into the disposable container.
2. Add lukewarm drinking water to the top line of the container. Mix to dissolve.
3. **The** MoviPrep container is divided into 4 marks. Every 15 minutes, drink the solution down to the next mark, until the full liter is consumed.
4. Next you **must** drink 16-ounces of the clear liquid of your choice over the next hour.

ON THE MORNING OF THE PROCEDURE:

AT LEAST 3 HOURS BEFORE YOUR APPOINTMENT. Repeat steps 1-4 above. Be sure to finish drinking all the preparation and liquids above at least 2 hours before your appointment. Once you are done, **STOP ALL LIQUIDS.**

- Do **NOT** take medication for Diabetes the night before or morning of the procedure.
- If you are on Antihypertensive / Blood Pressure medication, you **SHOULD** continue to take them as usual with a sip of water.