

InStyle

Kate Hudson
On Her New Man,
New Baby
& New Body

**10 WAYS
TO SLIM
DOWN**
Without
Really
Trying

**What to
Wear Now!**

- * Pretty Dresses
- * Perfect Neutrals
- * Cute Weekend Looks

PLUS
Are You
Wearing
The Right
Makeup?

150
**Best
Beauty
Buys!**

20
PAGES
OF
EXPERT
PICKS

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SUITS**
a to z

Amazing Styles
To Flatter
Your Shape

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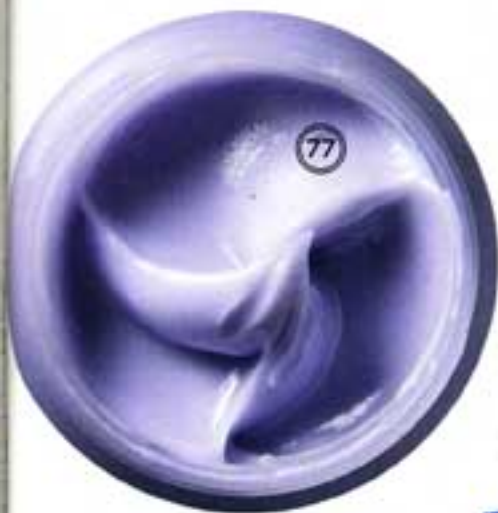
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SKIN

NORMAL



77 NIGHT CREAM
OLAY REGENERIST RECOVERY

"There's some real science behind it," says New Orleans dermatologist Mary P. Lupo of this intensely hydrating formula. Amino peptides (small portions of proteins) repair the skin's lipid barrier while you sleep. Translated from nerd-speak: It smooths complexions and fine lines—fast.

\$19; target.com.



79 EXFOLIATOR
CLARISONIC MIA

Unlike coarse scrubs, this high-tech tool sloughs away dead skin cells and decongests pores without scratching. In fact, the oscillating bristles are so soft and pliant, they can go to work twice a day, says Karyn Grossman, a dermatologist in Santa Monica, Calif.

\$149; clarisonic.com.



81 ECO-FRIENDLY MOISTURIZER
JUICE BEAUTY GREEN APPLE SPF 15

Apparently, an apple a day keeps fine lines at bay. With a combination of peptides, mineral sunscreen, and vitamin-rich organic juices, this silky formula with brightening green apple fights signs of aging—present and future. "It does a lot but can still be tolerated by all skin types, even the most sensitive," says N.Y.C. dermatologist Debra Jaliman. "And the natural apple scent isn't overbearing or irritating like synthetic fragrances." **\$38; juicebeauty.com.**

78 DAYTIME MOISTURIZER WITH SPF
NEUTROGENA HEALTHY DEFENSE SPF 50

This broad-spectrum sunscreen formulated with Helioplex combines heavy-duty protection with an ultralight texture to guard against the sun's rays longer than other blockers. And the addition of free-radical-busting antioxidants gives it even more muscle, points out N.Y.C. dermatologist Arielle Kauvar.

\$14; ulta.com.



80 CLEANSER
CETAPHIL DAILY FACIAL

Pros are most impressed by what this gentle, low-foaming wash doesn't do. "It won't irritate skin, leave it dry and tight, or clog pores," says Beverly Hills dermatologist Peter L. Kopelson. The secret? "There's no fragrance or harsh additives for skin to object to."

\$11; walgreens.com.



82 MASK
BLISS TRIPLE OXYGEN

Brimming with antioxidants such as vitamin C and grape-seed extract, this foam is like a breath of fresh air for your face. It visibly perks up dull, tired complexions in just five minutes, says Beverly Hills dermatologist Debra Luftman.

\$52; blissworld.com.



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Hollywood's biggest stars turn to these 163 pros to look picture-perfect. We turned to *them* to find out which products get the job done. We've got all their top choices, as well as picks from *InStyle*'s editors, starting on p. 263

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