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Look Your Best



What you do in your 20s will show up on your face in your later years. Robert Buckley of iZombie knows that better than most. Follow our decade-by-decade cheat sheet with him—and look great at any age.

BY BRIAN BOYÉ, SANDRA NYGAARD, AND DAN MICHEL

PHOTOGRAPHS BY EMILY SHUR

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TOOLS



DYSON SUPERSONIC HAIR DRYER

Satisfy your Jetsons jones with this ultra-quiet dryer that distributes heat evenly with controlled airflow. Translation: less damage and quicker drying time. \$400, DYSON.COM



PHILIPS NORELCO ONEBLADE

Part trimmer, part razor, it's a tiny yet powerful hybrid that's perfect for close cuts. With 45 minutes of trimming from a single charge, it's definitely earned a spot in our travel kits. \$35, AMAZON.COM



PANASONIC ER-GB70-S BEARD, MUSTACHE, AND HAIR ELECTRIC TRIMMER

Trim anything, from light stubble to a full-on face sweater. It has 39 adjustable settings—and no clumsy power cords. \$100, SHOP.PANASONIC.COM



REMINGTON VERSO SHAVER

Like the best power tools, this modular all-in-one can shave, trim, cleanse, and exfoliate—all with the same rechargeable base. Its palm-sized design prevents slips. \$150, REMINGTONPRODUCTS.COM



THE ART OF SHAVING POWER BRUSH SYSTEM

Banish razor bumps and ingrown hairs by using this brush for a minute or two before you shave. In a rush? No problem: It's water resistant so you can bring it in the shower. \$40, THEARTOFSHAVING.COM

- ▶ P. 99 PERRY ELLIS SUIT, THE TIE BAR SHIRT AND TIE, TO BOOT NEW YORK SHOES
- ▶ P. 100 J.HILBURN SUIT AND SHIRT, THE TIE BAR TIE, RAY-BAN SUNGLASSES
- ▶ P. 102 HAMILTON SHIRTS SHIRT, THE TIE BAR TIE
- ▶ P. 107 J.HILBURN SPORT COAT, BONOBOS SHIRT AND PANTS, TED BAKER POCKET SQUARE, THE TIE BAR TIE
- ▶ P. 108 BONOBOS SHIRT, THE TIE BAR TIE

40s

Character is good, but a lot happens in this decade and beyond. Time to save face by adding new steps to your routine.



SKIN

Time to hydrate! Trade in your lightweight moisturizer for one that's rich in emollients (i.e., more buttery). This will lock in moisture, even if you only use it at night. "If you haven't used eye cream before, now's the time," says Erica Parker of Michael Todd Beauty.



HAIR

Don't overwash. Shampooing too often—like every day—will lead to dry, damaged hair. "Just like the skin on your face, your scalp needs to stay moisturized to maintain healthy hair follicles," Riley says. Shampooing your hair three times a week is plenty.



SHAVE

Exfoliate more. Skin gets drier and less elastic during this decade. "Rough skin can catch on razors and cause cuts," says dermatologist Arielle Kauvar, M.D. Various types of exfoliation, from peels to scrubs, will remove dead cells to better prep your mug for a clean shave.

